



At the corner of Decatur & Comly Roads  
10990 Decatur Road ♦ Philadelphia, PA

(215) 618-0050

# TOTAL PERFORMANCE A-Z SKILLS CLINICS

Total Performance clinics are open to all players at the Mite, Squirt, Pee Wee, Bantam, and Girls age levels, for both travel and house skill sets. Total Performance clinics will be instructed by Wayne Evans. Coach Evans is the Director of the Bucks County Generals and the Assistant Hockey Director for the NE Flyers Skate Zone. Coach Wayne has been coaching for over 25 years, including coaching at the high school, college, and junior levels. Coach Wayne is a USA Hockey Certified Master Coach and has served as the Assistant Director of Girl's/Women's Player Development for the Atlantic District.

### Drill Focus:

- Power Skating with pucks
- Stick-handling
- Shooting
- Body Contact Confidence
- Angling
- Checking
- Escapes under pressure



All clinics will focus on Proper Body Posture and Rhythm to enhance skating, puck-control and safety in checking situations. The **MITRON PLAYER DEVELOPMENT MODEL** will be used to improve player's overall skills and knowledge of the game.

SUNDAYS - 4:40-5:40 PM  
July 18 & July 25  
August 1, 8, 15, 22, 29

For further information, contact our hockey office Mike McMahon Tel: 215-618-0057  
Email: MMcMahon@comcast-spectacor.com

Please Return to: Polonia Bank Flyers Skate Zone at NE Philadelphia, "TOTAL PERFORMANCE A-Z Clinics"  
10990 Decatur Road, Philadelphia, Pennsylvania 19154

### Total Performance A-Z Clinics

Player's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Current Team: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Please make checks payable to FLYERS SKATE ZONE

Payment Options (Circle One):    Cash    Check    Money Order    Visa    Amex    Master Card

Credit Card#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_